



## THE CARDIAC FITNESS ASSOCIATION NEW MEMBERSHIP REGISTRATION



The Cardiac Fitness Association (CFA) is a registered charity – [cfaheart.com](http://cfaheart.com). We work with you, as a cardiac patient, to educate and rehabilitate your cardiac health. The CFA also works within the community by sharing information on the effective management of all types of heart disease. The Association does not have a membership fee but instead works through fundraising activities and personal donations to continue its work. We were founded in 1980 by a group of Dr. Schaman’s patients.

Please complete the following information: DATE: \_\_\_\_\_

FIRST NAME: \_\_\_\_\_ LAST NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ PROV: \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_

BEST CONTACT PHONE #: \_\_\_\_\_

EMAIL: \_\_\_\_\_

PREFERRED CLASS DAY/TIME: \_\_\_\_\_  
(leave blank if not known)

**CIRCLE ONE**

I would appreciate an initial phone call from an existing CFA member.  
Initial contact is an explanation of the CFA and it’s benefits.  
We also like to keep in contact with our members especially  
after an absence, in order to give support if needed.    YES     NO

I want my name and email address to be on the mailing list of the  
CFA newsletter – **The Pulse**.    YES     NO

The CFA may contact me via email regarding upcoming events such as  
the Walk For Heart and other fundraising events, etc.    YES     NO

Signature \_\_\_\_\_ Date \_\_\_\_\_

-----Office use Only-----

Member Number: \_\_\_\_\_

CFA Contact by and Date: \_\_\_\_\_

Notes: \_\_\_\_\_