



**THE CARDIAC FITNESS ASSOCIATION
NEW MEMBERSHIP REGISTRATION**



The Cardiac Fitness Association (CFA) is a registered charity – cfaheart.com. We work with you, as a cardiac patient, to educate and rehabilitate your cardiac health. The CFA also works with the community by sharing information on the effective management of all types of heart disease. The Association does not have a membership fee but instead works through fundraising activities and personal donations to continue its work. We were founded in 1980 by a group of Dr. Schaman’s patients.

Please complete the following information: DATE: _____

FIRST NAME: _____ LAST NAME: _____

ADDRESS: _____

CITY: _____ PROV: _____ POSTAL CODE: _____

BEST CONTACT PHONE #: _____

EMAIL: _____

CLASS DAY/TIME: _____

(leave blank if not known)

CIRCLE ONE

I would appreciate an initial phone call from an existing CFA member. YES NO
Initial contact is an explanation of the CFA and it’s benefits.
We also like to keep in contact with our members especially
after an absence, in order to give support if needed.

I want my name and email address to be on the mailing list of the YES NO
CFA newsletter – **The Pulse**.

The CFA may contact me via email regarding upcoming events such as YES NO
the Walk of Life, clinic newsletters, and other fundraising events, etc.

My name, address, phone number, and/or email may be added to a list YES NO
that may be distributed to other CFA members.

I would be willing to serve on the Board of Directors YES NO
or other committees if needed. Area of expertise _____

Signature _____ Date _____